

LANE ETIQUETTE FOR SWIMMERS

- Swim in a lane appropriate to your abilities.
- Follow the direction signs for the lane that you use.
- If you want to swim back crawl or butterfly, do it when the pool is quiet and you are less likely to cause annoyance to others.
- If a swimmer behind you wishes to overtake, then when there is room to do so allow them the opportunity to do so down the length of the pool.

- Alternatively, when the lane is too busy, when you reach the end of the pool allow them to come past you.
- If you catch up with the swimmer in front of you give them the opportunity to allow you to pass, don't harass them or try to swim over them!
- Be aware of other swimmers in your lane, be courteous and respect their right for a safe and enjoyable swim.

Swimmers are asked to be considerate of others and use the swim lane which best matches their personal swimming speed and ability.

THANK YOU

