

# Legs, Bums & Tums Class

**When?** Fridays 1.30pm - 2.30pm

**Where?** Bulkington Children's Centre  
Bulkington Village Hall  
School Road  
Bulkington

**Contact:** Contact Reception on **02476 318 786**

Crèche places are available at £1 per family (up to 2 children), however you **MUST** pre-register for the crèche and places are limited so booking is recommended.

Available to anyone over the age of 16.

Class designed to specifically work on those 'problem areas'.  
Suitable for **ALL** levels of fitness and ability.

- Fun, relaxed atmosphere
- Meet new people
- Time for yourself
- Sessions run by fully trained instructors
- Exciting and varied class programme

**Who?** For further information or advice please contact:

Nicki Lea  
Active Recreation Officer  
Nuneaton & Bedworth Leisure Trust  
**02476 400 591** or **07789 308 867**

