

# Legs, Bums & Tums Class

**When?** Fridays 1.30pm - 2.30pm  
Starting **Friday 15th January 2010**

**Where?** Bulkington Childrens Centre  
Bulkington Village Hall  
School Road  
Bulkington

**Contact:** Contact Reception on **02476 318 786**

**FREE** crèche places are available, however you **MUST** pre-register for the crèche and places are limited so booking is recommended.

**Available to anyone over the age of 16.**

Class designed to specifically work on those 'problem areas'.  
Suitable for **ALL** levels of fitness and ability.

- Fun, relaxed atmosphere
- Meet new people
- Time for yourself
- Sessions run by fully trained instructors
- Exciting and varied class programme

**Who?** For further information or advice please contact:

Nicki Lea  
Active Recreation Officer  
Nuneaton & Bedworth Leisure Trust  
**02476 400 591** or **07789 308 867**