



Legs, Bums & Tums Class

When? Mondays 12noon - 1.00pm
Starting **Monday 11th January 2010**

Where? Camp Hill Early Years Centre
Hollystitches Road
Camp Hill
Nuneaton

Contact: Contact Reception on **02476 346 155**
Creche places available for only 50p (including refreshments)
*You **MUST** pre-register for your creche place. Places are limited so booking recommended.

Available to anyone over the age of 16.

Class designed to specifically work on those 'problem areas'.
Suitable for **ALL** levels of fitness and ability.

- Fun, relaxed atmosphere
- Meet new people
- Time for yourself
- Sessions run by fully trained instructors
- Exciting and varied class programme

Who? For further information or advice please contact:

Nicki Lea
Active Recreation Officer
Nuneaton & Bedworth Leisure Trust
02476 400 591 or **07789 308 867**

